

Arrowhead Area Agency on Aging
Arrowhead Regional Development Commission

ADVISORY COMMITTEE ON AGING

March 10, 2026
12:00 PM to 2:00 PM
ARDC, Arrowhead Conference Room
221 West 1st Street, Duluth, MN

AGENDA

1. **Call to Order:** Jenell Feller, Chair
 - AAAA Land Acknowledgement
 - Accessible meeting discussion

2. **Roll Call:**
 - Jenell Feller (1/21-12/26) Koochiching Co
 - Emily Fuerste Swanson (1/21-12/26) Carlton Co
 - Nancy Stratman (6/22-12/27) Aitkin Co
 - Susan Fraik (1/23-12/28) Koochiching Co
 - Arshia Khan (1/23-12/28) St Louis Co
 - Steve Lyons (1/23-12/28) St Louis Co
 - Scott Turner (1/24-12/26) Aitkin Co
 - Philip Duket (1/24-12/26) Carlton Co
 - Dani McLaughlin (5/24-12/26) Lake Co
 - Kathleen Blake (1/25-12/27) Itasca Co
 - Christopher Bonander (1/26-12/28) Lake Co
 - Deb White (1/26-12/28) Cook Co
 - Jessica Anderson (1/26-12/28) Itasca Co

3. **Staff:**
 - Rebecca Sash, AAAA Director
 - Gina Marsalla, Grants Manager
 - Jess Langer, Advocacy and Outreach Specialist
 - Lynelle Hanson, Administrative Assistant

4. **Acceptance of Agenda:** March 10, 2026

5. **Approval of Minutes:** February 10, 2026

6. **Chair Report:** Jenell Feller, Chair
 - Review membership of the RTF Sub-committee
 - Review membership for Bylaws and Nomination Sub-committee

Mission: Support successful aging in the Arrowhead.
Vision: A thriving Arrowhead for older adults.
Values: Inclusion, Transparency, Communication,
Kindness, Flexibility, Reliability, Empathy, Patience

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- Conflict of Interest forms
7. **ARDC Board Report:** Steve Lyons, Board and Commission Representative
- Meetings of Board and Commission
8. **Presentation:** Joelle Hoeft
- Nature As We Age
9. **Director's Report:** Rebecca Sash
- M4A Legislative Priorities
 - National Library Project
 - Grand Portage Brain Train Event
 - Wisdom Steps Legal Partnership
10. **Good of the Order:**
- Next Advisory Committee on Aging meeting – May 12, 2026
 1. Silver Bay at the North Shore Area Partners conference room, 36 Shopping Center Road
 - Next ARDC Board Meeting – March 19, 2026
 - Next ARDC Commission Meeting – April 16, 2026
11. **Adjourn**

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